

she perches

on the edge of a porch swing the smell of red wine on her breath her cheeks flushed from the bite of winter

she exists in a state between the planes of reality a liminal space where tomorrow will not come until tonight decides to end

she ponders with cracked lips and broken skin if self love means something different than finding herself here again

-You know when you are drunk alone after a party?? that.

I wake up happy taking a deep inhale of linen sheets don't fly too close to the sun, Icarus the wax is holding me together

I tell myself don't let yourself become apathetic a victim to the numbing cold of December take in the smell of cloves and cranberry draw tiny pictures in the frosted glass with the tip of your finger notice the biting of winter on your cheeks your hands allow yourself to feel it to experience the discomfort of living prove that you can

catch a snowflake on your tongue lay on your back and stare at the sky until your ears freeze watch the sunset at 3pm allow yourself to create the meaning you are searching for

-A Moment of Clarity in the Darkest Months of the Year